AMENDMENTS TO THE SPECIFICATION

Please amend the specification as follows:

Please replace the paragraph on page 3, extending from line 13 to line 20, with the following rewritten paragraph:

The present invention includes a unique structure for an indoor exercise bike that provides strength in its design, as well as the flexibility to create an aesthetically appealing frame structure. The monocoque frame design, including two symmetrical halves joined together, forms a very strong, light shell that can take on a variety of shapes and sizes. The seat structure, handlebar structure, drive train and support platforms are all able to be readily attached to the primary frame structure to provide an exercise bicycle that is sturdy, easy to manufacture, and light enough to easily move when necessary. A monocoque frame is alternatively referred to herein as a "monoframe." A monocoque frame is alternatively referred to herein as a "monoframe."

Please replace the paragraph on page 7, extending from line 15 to line 31, with the following rewritten paragraph:

The two side panels 54 and 56 of the monoframe structure 23 are substantially mirror images of each other. The panels define corresponding peripheral edges 58 that mate together when the two panels 54 and 56 are engaged. In one example, the two side panels define a hollow space between the side panels. In one example, the mating peripheral edges 58 align with each other and can overlap or butt together as necessary to allow for a seam weld between the peripheral edges 58 to secure the panels 54 and 56 together. The seam weld extends along the entire length of the abutting peripheral edges and thus provides very high strength in the connection between the two side panels. The side panels may be secured together through other means besides a seam weld, such as a series of spot welds, a series of rivets, interlocking releasable tabs, and the like. In one embodiment, the side panels are made of stamped [[steal]] steel and are between 2.0 mm and 2.5 mm thick. The stamped steel, however, can be any suitable thickness depending on the loads that the exercise bicycle needs to withstand. In addition, the side panels may be made from any suitable material besides steel, such as an alloy, aluminum or plastic. If plastic or other polymer side panels are used, the side panels may be secured by a suitable adhesive, interlocking releasable tabs, sonic welding, and the like.